



M. B. McGRADY & CO
CHARTERED ACCOUNTANTS

ENTRY FORM

Race
No.

NAME

ADDRESS

EMAIL

CLUB (IF ANY)

IF YOU'RE A WALKER JUST SIGN FORM AT BOTTOM NOW

10K RACE ENTRIES ONLY

AGE ON RACE DAY

MALE FEMALE

DATE OF BIRTH

RELAY RACE ENTRIES ONLY

RUNNERS NAME: 1. _____ 2. _____

RELAY TEAM NAME _____

CATEGORY: ALL MALE ALL FEMALE MIXED

(TICK ONE BOX ONLY)

ENTRY FEES: 10K £12.00 • (£11 IF REGISTERED)
RELAY £12 PER TEAM • WALKER £12.00 • POSTAL ENTRIES £12
• CHEQUES PAYABLE TO EAST DOWN AC •

Disclaimer: I/We acknowledge that I / We will be participating entirely at my / our own risk and to the extent permitted by the Unfair Contract Terms Act 1977 and that the organisers will not be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default of the organisers or their agents or from any other cause including an act of God or the physical condition of the competitor.

SIGNATURE/S

• ALL ENTRANTS WILL RECEIVE A MEMENTO •
WALKERS WILL ALSO RECEIVE A COMMEMORATIVE CERTIFICATE

IMPORTANT INFORMATION – PLEASE READ CAREFULLY

*****ENTRIES LIMITED TO 600 RUNNERS*****

ENTRIES WILL BE TAKEN ON THE DAY ONLY IF LIMIT NOT REACHED, BUT AT AN ENCREASED FEE OF **£20**

PLEASE PRE-ENTER ONLINE @

www.spanglefish.com/eastdownac

Free transport to and from the relay changeover.

Walkers MUST start At 10.30am

EVERY FINISHER WILL BE ENTERED IN A DRAW FOR A TRAVEL VOUCHER TO THE VALUE OF £700

IN CONJUNCTION WITH DOWNE TRAVEL

18 MARKET STREET, DOWNPATRICK • TEL: 028 4461 3288

TO QUALIFY FOR THE PRIZES, THE OWNER OF THE NUMBERS DRAWN MUST BE PRESENT
AT THE PRIZE GIVING IN DOWN LEISURE CENTRE • ONE PRIZE PER PERSON

Refreshments for all competitors in Down Leisure Centre afterwards.

£100 BONUS



**For new race records currently
30.20 men & 34.17 women**

MALE & FEMALE TEAM PRIZES • 3 TO COUNT

PRIZES

Category	1st	2nd	3rd
Male Open	£200	£100	£50
Male O/35	£40		
Male O/40	£40		
Male O/45	£40		
Male O/50	£40		
Male O/55- O/70 TROPHY PRIZES			
Female Open	£200	£100	£50
Female O/35	£40		
Female O/40	£40		
Female O/45	£40		
Female O/50	£40		
Female O/55-O/65 TROPHY PRIZES			

POSTAL ENTRIES TO:

Joe Quinn

1 Bishops Brae Ave,
Downpatrick, BT30 6TG
by **10th March 2012.**

**Tel No: 028 4461 4235
OR Mobile: 079 3321 4894**

FOR MORE INFORMATION SEE

www.spanglefish.com/eastdownac

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