



**M. B. McGRADY & CO**  
**CHARTERED ACCOUNTANTS**

# ENTRY FORM

Race  
No.

NAME

ADDRESS

EMAIL

CLUB (IF ANY)

IF YOU'RE A WALKER JUST SIGN FORM AT BOTTOM NOW

## 10K RACE ENTRIES ONLY

AGE ON RACE DAY

MALE  FEMALE

DATE OF BIRTH

## RELAY RACE ENTRIES ONLY

RUNNERS NAME: 1. \_\_\_\_\_ 2. \_\_\_\_\_

RELAY TEAM NAME \_\_\_\_\_

CATEGORY: SCHOOL  SPORTS CLUB  ALL FEMALE  OTHER

(TICK ONE BOX ONLY)

**ENTRY FEES: 10K £12.00 • (£11 IF REGISTERED)**  
**RELAY £12 PER TEAM • WALKER £12.00 • POSTAL ENTRIES £12**  
**• CHEQUES PAYABLE TO EAST DOWN AC •**

**Disclaimer:** I/We acknowledge that I / We will be participating entirely at my / our own risk and to the extent permitted by the Unfair Contract Terms Act 1977 and that the organisers will not be liable for any loss, damage, illness or injury whatsoever directly or indirectly occasioned by or resulting from the negligence, wrongful act or default of the organisers or their agents or from any other cause including an act of God or the physical condition of the competitor.

SIGNATURE/S

**• ALL ENTRANTS WILL RECEIVE A MEMENTO •**  
WALKERS WILL ALSO RECEIVE A COMMEMORATIVE CERTIFICATE

# IMPORTANT INFORMATION – PLEASE READ CAREFULLY

ENTRIES LIMITED TO 600 RUNNERS, ENTRIES WILL BE TAKEN ON THE DAY  
ONLY IF LIMIT NOT REACHED

**PLEASE PRE-ENTER ONLINE @ [www.niathletics.org](http://www.niathletics.org)**

Free transport to and from the relay changeover.

**Walkers MUST start At 10.30am**

## **EVERY FINISHER WILL BE ENTERED IN A DRAW FOR A TRAVEL VOUCHER TO THE VALUE OF £700**

IN CONJUNCTION WITH DOWNE TRAVEL  
18 MARKET STREET, DOWNPATRICK • TEL: 028 4461 3288

TO QUALIFY FOR THE PRIZES, THE OWNER OF THE NUMBERS DRAWN MUST BE PRESENT  
AT THE PRIZE GIVING IN DOWN LEISURE CENTRE • ONE PRIZE PER PERSON

*Refreshments for all competitors in Down Leisure Centre afterwards.*

### **£50 BONUS**



**For new race records currently  
30.20 men & 34.17 women**

MALE & FEMALE TEAM PRIZES • 3 TO COUNT

### **PRIZES**

<b>Category</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
Male Open	£200	£100	£50
Male O/35	£40		
Male O/40	£40		
Male O/45	£40		
Male O/50	£40		
Male O/55- O/70 TROPHY PRIZES			
Female Open	£200	£100	£50
Female O/35	£40	£20	
Female O/40	£40	£20	
Female O/45	£40	£20	
Female O/50-O/60 TROPHY PRIZES			

POSTAL ENTRIES TO:

**Joe Quinn**

1 Bishops Brae Ave,  
Downpatrick, BT30 6TG  
by 7th March 2011.

**Tel No: 028 4461 4235  
OR Mobile: 079 3321 4894**

FOR MORE INFORMATION SEE

**[www.spanglefish.com/eastdownac](http://www.spanglefish.com/eastdownac)**